



Lima & Peruvian Amazon – 6 Days

Description

BOLIVIA EXPEDITIONS















With this short itinerary, you'll experience two distinct sides of Peru: metropolitan Lima and the remote rainforest. Start with a city and food tour in the capital, and make your way to Puerto Maldonado, your jumping-off point for the Amazon. Here, you'll stay in a charming jungle lodge, spot wildlife on a number of river cruises, and learn about the native Amazonian flora and fauna from experienced guides.

Highlights

- Take a culinary tour of Lima, a sought-after food capital
- Stay in remote jungle lodges in the beautiful Peruvian Amazon

- Spot nocturnal wildlife on a Madre de Dios River twilight excursion
- Learn about flora and fauna of the rainforest with experienced guides

Difficulty



Condition



Travel Program

Day 1: Arrival in Lima, Transfer to Hotel

¡Bienvenidos! Welcome to **Lima**, Peru's largest city and central metropolitan hub, and home to one-third of the country's population. Located at the site of a pre-Columbian indigenous Ychsma settlement, which was conquered by the Inca empire in the 15th century and later by the Spanish *conquistadores*, Lima has a fascinating history and a diverse mix of cultures. Amerindian, European, Afro-Peruvian, and Asian—especially Chinese and Japanese—influences make Lima a dynamic and exciting city to explore.

Settle into your hotel before sitting down to a delicious meal. With some of the worlds' top restaurants and an eclectic mix of culinary styles, there is no shortage of delightful and exciting dining options.

Overnight

Hotel

Driving

4x4 Vehicle

Hiking/Tour

Easy trek

Meals

B/L/D

Day 2: Lima City & Food Tour

Spend the day discovering Lima through its food. With a vibrant combination of Indigenous American, African, Asian, and European culinary influences, Lima is one of the world's most impressive gastronomic and cultural centers.

Start the day early in Lima's Historical center to visit a local *mercacado*—a fresh food market—to taste the local produce and sample spices, fruits, and various baked bread. Taste different types of Pisco—a high proof brandy produced locally in the wine-making regions of Peru and Chile. Attend a cooking class and learn how to make *ceviche*, a fresh seafood dish marinated with salt and lime juice, and the traditional pisco sour—a Peruvian classic.

Stop for lunch at one of Lima's top restaurants and enjoy a delicious meal on a patio overlooking the Pacific ocean. Stroll to the bohemian district of Barranco—a popular oceanside neighborhood for artists, tourists, and locals alike—for a relaxed afternoon drinking coffee and sampling Peruvian desserts.

Overnight

Hotel

Driving

4x4 Vehicle

Hiking/Tour

Easy trek

Meals

B/L/D

Day 3: Into the Amazon: Lima – Puerto Maldonado – Reserva Amazonica

This morning you will transfer from your hotel to the Lima airport for your flight to **Puerto Maldonado**.

Upon arrival at the Puerto Maldonado Airport, an agent will meet you and drive you to the local office for luggage storage. Here, all of your extra luggage will be locked away in a secure safe for more convenient boat travel. Begin to experience the enchantment of the rainforest as you take a 45-minute boat ride along the Madre de Dios River, to arrive at Inkaterra Reserva Amazonica lodge.

After a short briefing, settle into your beautiful cabaña and enjoy your lunch in the dining room. Take a siesta, share a refreshing tea time and get ready for the afternoon excursion. After gathering with your Inkaterra Explorer Guide, choose from the 14 different excursions available at the Inkaterra Reserva Amazonica.

On your first day, we recommend a guided walk along the trail system, into the Inkaterra Reserva Amazonica natural area, where you will discover the Amazon Basin. This trail offers an excellent introduction to the forest environment, winding past impressive trees such as the Shihuahuaco, and the strangely beautiful strangler fig, offering excellent opportunities for bird watching and observing exotic insects.

We also recommend on the first night our Twilight River excursion — a guided afternoon boat ride on the Madre de Dios river. Witness the transformation from a diurnal to a nocturnal world: animals and birds of the daytime give way to species specially adapted to the night. As you enjoy their paradise, you will learn about their habits, while you search for nightjars, owls, capybaras and up to three different caiman species.

Enjoy dinner served in the main dining room from 7:30 p.m. to 9:30 p.m. After dinner, you may retire early to your own cabana, or share your experience in the rainforest with other guests, as you listen to the intriguing sounds of the jungle at night.

Overnight

Hotel

Driving

4x4 Vehicle

Hiking/Tour

Easy trek

Meals

B/L/D

Day 4: Reserva Amazonica Jungle Excursions

Wake up late or rise early — the choice is yours. Breakfast begins at 5:30 a.m., for those who want to avoid the heat, and enjoy nature at its fullest. A full buffet breakfast is served from 5:30 a.m. to 9:30 a.m.

During the morning you may visit the **Lake Sandoval** excursion into the Tambopata National Reserve. Glide in a wooden canoe, across a beautiful, mirror-like oxbow lake that is home to the endangered giant river otter, as well as red howler monkeys, red-bellied macaws, anacondas, side-neck turtles and black caimans. Return to the Inkaterra Reserva Amazonica for lunch.

After lunch, consider the remarkable Inkaterra Canopy Walkway. Ascending to the first tower, 29 meters above the forest ground, you begin your encounter with the treetop realm. For more than a quarter of a mile, you will literally walk through the rainforest canopy on a suspension bridge network linking eight observation platforms. During this hour-and-a-half expedition, be on the lookout for colorful toucans, woodpeckers, trogons, monkeys, and sloths. If you wish you may extend your excursion and watch the sunset from one of the towers.

Once at the lodge, enjoy the daily nature presentation in the Eco Center and the Happy Hour. Dinner starts at 7:30 p.m.

Overnight

Hotel

Driving

4x4 Vehicle

Hiking/Tour

Easy trek

Meals

B/L/D

Day 5: Reserva Amazonica Jungle Excursions

Enjoy a trip to Gamitana Creek, located 25 minutes by boat from the lodge. For one and a half hours, explore the rainforest along the banks of a winding, dark-water creek that is home to many piranha, caiman, turtles, and birds, until the Sanipanga landing point. Navigate your way back downstream, observing the abundant flora and fauna along the way. You will return to Gamitana Farm to do a short guided tour to see how local farmers grow fruits and vegetables.

Return to the lodge for lunch. After lunch, enjoy the Hacienda Concepcion excursion, with over 200 different plant species, and learn about the uses and benefits of local flora. This is followed by a 30-minute canoe trip to look for turtles, sun grebes, nightjars and exotic herons. Return to the lodge.

Then consider the Rainforest by Night excursion through the Inkaterra Ecological Reserve at night for an approximately 2-hour excursion. Venture into the forest and experience the mystery of the animal activity that awakens in the rainforest after dark, enhancing animal resources to create new adaptation mechanisms. Listen to nocturnal forest sounds and spot species that only emerge at night. Return to the lodge

Overnight

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Hiking/Tour

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B/L/D

Day 6: Fly from Puerto Maldonado back to Lima, Depart from Peru

Enjoy a full breakfast before departure. A 45-minute return trip by boat on the Madre de Dios River takes you to Puerto Maldonado, where you will visit the Butterfly House. Peru boasts the greatest variety of butterflies in the world, with 3,700 known species. Many of these can be seen at the Butterfly House, a showcase for the variety, beauty, and adaptability of these fascinating insects.

Then you will be transferred to the Puerto Maldonado airport to catch your flight back to Lima, where you will then transfer to your international flight back home or to your next destination.

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Meals

B/L/D

Included meals: B=breakfast; L=lunch; D=dinner

What's Included

Included

- English- and Spanish-speaking guide
- Entrance tickets as per itinerary
- Accommodation
- Trekking staff (if applicable)
- Camping equipment (if applicable)
- Meals as specified in the itinerary
- Transportation as per itinerary
- Airport transfers (if specified)

Not included

- International or domestic flights
- Travel insurance
- Tips
- Personal expenses
- Optional tours or additional entrance tickets
- Personal equipment

What to Bring

What to Bring or take fo Day Hiking and Technical Equipment for Climbing Expedition

This equipment list is compiled to provide you with adequate help when choosing your equipment for a climb. Most items are required. Please consider each of them and make sure you understand the function and exclusive use for mountaineering, before substituting or removing items from this list. Please note that this list has been carefully annotated by the organizer. Remember that mountaineering, climbing or mountain expeditions tours is an extreme, risky sport, therefore everything related to it is of great attention.

Equipment Trekking

- ✔ Hiking backpack for hiking 50 to 60 liters
- ✔ Light gloves for hiking or (Optional Mittens waterproof)
- ✔ Medium weight socks
- ✔ Sleeping bag (-15° to 20°C)
- ✔ Small daypack for one day hiking 30 liters
- ✔ Weather-appropriate clothing (think moisture-wicking and layers)
- ✔ Hiking boots or shoes
- ✔ Medium weight parka with fibber fill or down
- ✔ Rain poncho (or rain gear)
- ✔ Long-sleeved shirts
- ✔ Fleece or Wool sweater and/or trousers
- ✔ Lightweight pants
- ✔ Cotton short-sleeved shirts or t-shirts
- ✔ Water bottle for hiking or trekking

- ✓ Strong waterproof duffel bag
- ✓ Flashlight with spare batteries and bulb
- ✓ Towel for personal hygiene each participant First-aid kit
- ✓ Regular and long underwear
- ✓ Knife or multi-tool
- ✓ Light cap and wool hat
- ✓ Sunglasses with UV certification, Sun block, lips
- ✓ The rest of the list Essentials as appropriate for your hike
- ✓ Grooming and personal hygiene kit
- ✓ One Hiking Buff per person

[See More](#)

Equipment Mountain

- ✓ 3 Locking carabiners, we recommended per person
- ✓ We recommend 2 ice screws for each client
- ✓ 1 Daisy Chain (Life Line) per each person
- ✓ 2 Ice axes (per person) technical, we recommended GRIVEL company
- ✓ 1 ATC descender (Rappel), this is very necessary for technical mountains
- ✓ 2 Cords for prusik, very important (Size Cord 6 mm x 10 m. long)
- ✓ Gloves (Good gloves) for expeditions over 6000meters
- ✓ Harness for climbing
- ✓ Sleeping pad / Mattress, we recommend with air or inflatable mattress
- ✓ Crampons, we recommended GRIVEL company
- ✓ Walking sticks – Trekking Poles (optional), a pair per person, we recommended GRIVEL company

- ✓ Down Jacket for expedition
- ✓ Very important to have personal clothing such as pants and jacket with GOROTEX certification
- ✓ First aid kit, for high mountains, because we as guides cannot medicate clients
- ✓ Backpack Capacity 60 liters, it is better to have a bigger backpack to go comfortably to the high camps, because here you have to carry all your personal things
- ✓ Gaiters or Leggings, now modern boots already have built-in (Incorporated), but better to have an extra pair

[See More](#)

Dressing appropriately for the mountains can make the difference between a pleasant trip and a really uncomfortable one. Clothing must provide the right degree of temperature, perspiration and be well ventilated. Preferably cotton clothing should be avoided, as in humid conditions they absorb body heat.

In general, the weather conditions in in the Andes of South America can vary from day to day and even throughout the day. Therefore, clothing must be versatile.

Please do not hesitate to contact us with any questions you may have regarding the necessary equipment.

[? If you need to rent mountain equipment click here:](#)

Prices & Dates

FROM/TO

PRICE (USD)

TRAVEL STATUS

01 APR 2026 / 19 APR 2026

\$ —



[Join Now](#)

- Single Supplement (I want my own room and tent) – \$000 on request.

Please note: Insurance for emergency evacuation is required for this trip. [Call for more details.](#)

» Additional dates available upon request

» Rates may vary from July 26th to 31th for the national holidays

Prices (per person):

1 PAX	2 PAX	4 PAX	6 PAX	8 PAX	10 PAX	12 PAX	14 PAX
— USD	— USD	— USD	— USD	— USD	— USD	— USD	— USD

Deposit for reservations

— USD (– EUR) ? Full payment 40 days before. No refund if you cancel less than 30 days!

● *Available

Trip-code: Number ?BOL-000

Duration: 1 day

Participants: Minimal: 2 Maximal: 15

Members: We don't have an open group to join – We can open a new group – [Contact us!](#)

Country / Location: Bolivia

Mountain Guide: Eric Raul Albino Lliuya

Other dates / additional info: [Contact us!](#)

3% early bird discount when booking 6 months prior to departure 2024

Legend Booking-information:

EZZ Single room supplement

? On this trip, places are still available.

? On this trip, only a few places left.

? This trip is sold out / closed.



Eric Raul Albino Lliuya

Expert guide certified by AGOMP

General Sales Manager of Peru Expeditions

- **WhatsApp:** [+51 943 081 066](https://wa.me/51943081066)

- **E-Mail:** office@peru-expeditions.org



Hans Honold | Certified Mountain and Ski Guide

For a trip with a Professional Certified Mountain Guide from abroad with your own language that you speak, please request us to get in touch. We have guides working for our company from all over the world who are members of IVBV/UIAGM/IFMGA Certified Guides.

- **Tel:** [+49\(0\)7344 929144-0](tel:+49(0)7344 929144-0)

[More information](#)

BOLIVIA EXPEDITIONS

SAFE

CLUB

It is very important to have accident coverage for trekking and climbing mountains, more if you go a technical mountains over 6 thousand meters, we oblige and recommend buying travel insurance with our partner Global Rescue, you get the peace of mind that the finest medical, security evacuation, field rescue, intelligence and telehealth.

- **Tel:** [+1 \(617\) 459-4200](tel:+16174594200)

[More information](#)

Only \$1000 deposit to book

Pay over time, interest free

No booking fee, no change fee

24/7 support

Accommodations

Scroll through our exclusive accommodations for this trip below. Although very unlikely, we will be able to make substitutions when necessary. The comfortable accommodations that guests stay in every night offer comfort, the level that these options are are 3 stars and some hostels in some towns of first class quality to make your stay very pleasant.

****These exact accommodations are not guaranteed. In some cases, alternative accommodation of similar quality and location can be used.***

[See All](#)

- [????](#)

Parador Santa Maria La Real

- [Sucre](#)

- [?????](#)

Hotel Samary Pueblo

- [Sucre](#)

- [???](#)

Hotel Santa Teresa

- [Potosi](#)

- [??](#)

Hotel Museo Cayara

- [Potosi](#)

Albergue Ecológico Tomarapi

- [Sajama](#)

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Hoteles Taykas

- [Uyuni](#)

BOLIVIA EXPEDITIONS

- [????](#)

Eco Hotel Flamencos Altiplano

- [Potosi](#)

- [????](#)

Hotel Luna Salada

- [Colchani](#)

- [???](#)

Hotel Cristal Samaña

- [Colchani](#)

Frequently Asked Questions

What our travelers or clients always ask questions before joining our trips, tours & expeditions, read all the information provided here.

Suggested FAQs

[What experience and how fit do I need to be to climb this mountain? Is this program suitable for children or older people?](#)

For our mountain climbing trips: If they are easily accessible mountains: For easy-climb mountains, well, you don't need much experience, but if you already want to climb mountains above 6,000 meters and the conditions become more difficult, we recommend if you already want to go through mountains above 6,000 meters, have a basic or intermediate course for a good preparation. It is very important to be physically, technically and psychologically prepared.

Regarding the preparation of children: Everything will depend on which mountain you want to climb with your children, once you are clear on which of our tours or mountains you want to go with your children, we can give you some advice or see how to prepare them before going with them.

Regarding older people: It all depends on the condition of experience and how well the person is in health, on many occasions older people are the best to walk in the mountains because they have more experience, so it is always good to ask and find out about their experience of older participant. If you have any other questions, please contact us. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

[Will I need to bring any technical equipment of my own? Is it possible to rent equipment, and if so, what would be the approximate cost of that?](#)

In all our trekking or mountaineering trips we do not include personal equipment in our prices, so you have to have your own equipment: Personal equipment (such as boots, ice ax, crampons, harness, sleeping bag, mat, Goretex, etc.) and also within each page of the trips that we sell is a small list so you can see it on our website.

Our company can also rent the materials that you would need for your trip, see the list here on our website: <https://peru-expeditions.org/equipment-rental/> . **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

[Are there any other special requirements such as permits/insurance/vaccines that I need to consider before the tour?](#)

Safe and effective vaccines are available that provide strong protection against serious illness, hospitalization and death from COVID-19. Billions of people have been vaccinated against COVID-19. Getting vaccinated is one of the most important things you can do to protect yourself against COVID-19, help end the pandemic and stop new variants emerging.

We also recommend having accident insurance, we always recommend. We are **Partners –Global Rescue**. If you have any other questions about the trip we can schedule a date for a calling via WhatsApp. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

What experience do I need to have? How fit do I need to be? Is this program suitable for children or older people?

To do long-distance hiking you need to at least train or do some tours such as visiting lagoons to get the experience and feel comfortable with what you do, it is always good before doing a long-distance hiking tour to test yourself so as not to be with the problems of altitude sickness during the trekking, and if you travel with children it is good to first train them before taking them, if they are accompanied by an adult of legal age, they must do a good acclimatization before going on the long-distance tour or with high altitude camps If you want to know or learn more advice, we can schedule a call via WhatsApp to clarify your doubts. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

How far in advance should I start training and what kind of training do you suggest?

The preparation is according to what type and what technical level you want to go and climb a trek or mountain, the preparation will always gain experience little by little.

For this type of demanding or technical climbing sports, it is recommended to do some summits above 5 thousand meters beforehand and have good knowledge of high mountain technical equipment such as the use of technical ice axes, ice screws, correct use of crampons, and of course all the technical material. For more information, we can schedule an appointment to be able to explain in more detail everything about the mountain equipment and the preparations prior to joining our outings. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

What is the average distance and altitude gain that we will hike each day?

Every day we have active walks around approximately 4, to 5 sometimes 6 hours of walking, everything is according to your pace and physical condition of each person, in each of our travel programs you will find more detailed information, and if If you need more information about each day of the travel program, we can schedule a call via WhatsApp to clarify your doubts or questions, for this please contact us. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

[Will there be porters to help to carry group and personal equipment?](#)

In our trips, either hiking or mountaineering: Depending on the type or destination of the trip that you are going to book, in some parts of the treks you go with mules or donkeys or sometimes with horses, and within the mountain trips, the approach camps are also They go with mules or donkeys, but there are some stretches where pack animals can no longer reach. In this part, our logistics is fully supported by the porters.

Who are the porters? They are people from the area who were born and live in the heights of the towns, they are very strong and are very acclimatized, the reason is that after the tourist season ends they dedicate themselves to agriculture and livestock for that reason they are people They are used to the altitude and have lived in nature all their lives and they are happy to be in the mountains together with our expeditions. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

[How will accommodation and meals be handled during the trek?](#)

About accommodation or meals during the tour: Well, depending on the type of tour, when the tour is a classic cultural tour or a city tour, we eat during the route in tourist restaurants and sleep in category hotels that the client has requested.

If the tour is with camps and trekking: During the activity, logistics we include the service of Breakfast, Lunch, and Dinner with traditional and typical meals of the region where you are going to travel with us, during the night we stay in tents, and we have a special tent for the kitchen and another for the dining room.

If the trip is at altitude or in the mountains: We bring special high mountain food, It are quicker meals to cook and we provide complete logistics such as Breakfast, Lunch and Dinner, and we sleep in special 4-season high mountain tents, with the best tents. If you have any questions or concerns, we can schedule an appointment via Whatsapp to clarify all your doubts and give you better information so that your trip is an unforgettable tour.

[What is the guide-to-client ratio to climb this mountain?](#)

In mountains above 5000 meters: A local guide takes a maximum of 3 clients = Ratio 3pax = 1 local guide

In technical mountains: In large-big mountains we manage the travel policy, a guide and a maximum of 2 clients = Ratio 3pax = 1 local guide. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

[What is the best time of the year to climb this mountain?](#)

For all the trips that we offer within our main tourist destinations such as South America and Central America, also including the ascent of the 7 continents and the 7 highest peaks of each continent, on each page of our website for each trip we indicate that month or what season to travel, then please read the information you find in our travel offers for each tour. If you have any other questions you can contact us by WhatsApp with one of our travel experts. Thank you so much. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

[Do I have what it takes to succeed on this expedition?](#)

In the interest of the team's enjoyment and success, we work with every single guest to ensure they are properly prepared and ready for this expedition. We pride ourselves on vetting every member to make sure that the team can bond and succeed together. It really sucks to be grouped with members that are much faster, or much slower, than you are. No one wants to be the weakest link on a trip like this. By setting expectations and a solid training plan, we work to insure maximum cohesive success. Use this trip as an exercise motivator, and we will succeed together with style.

[How can I get to the trailhead/meeting point?](#)

For the pick-ups of each trip, depending on the place or the trip that you are going to make with us, the meeting point is always at our office, in one of our trips we pick you up where you are staying or staying, or in some cases a representative of our company will pick you up and then ship you to your transport to continue with your destination of the tour or trip you have booked with us. If you wish to request more information, do not hesitate to contact us. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

[What is the best time of the year for this hike?](#)

For all the trips that we offer within our main tourist destinations such as South America and Central America, also including the ascent of the 7 continents and the 7 highest peaks of each continent, on each page of our website for each trip we indicate that month or what season to travel, then please read the information you find in our travel offers for each tour. If you have any other questions you can contact us by WhatsApp with one of our travel experts. Thank you so much. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

[What happens in the event of bad weather?](#)

About the meteorological conditions of the climate, we try to organize the trips of each tour in the best season to have the best views and enjoy the selected trip but sometimes even in good season we can have bad weather, in this case on hiking or treks trips the complications are minimal, but when this

happens during high-altitude climbing expeditions, the complications can become very difficult, that is why the bosses or leaders of the local guides must always make the most correct decision for the safety of our passengers, so we always recommend listening to the best advice from the local guide assigned for each tour. If you have any other questions please contact us. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

[Can I join a group?](#)

We as a local company and connoisseurs of tours have departures on different dates. The best thing to do is to join a travel group to take care of your budget, and of course you can join our groups, but on trips like mountaineering we recommend going in small groups. To join a group, ask us for the dates and we will send you the necessary information to be able to join any of our trips.

Why go in a private trip: For trips whether trekking or high mountains, going privately is the most recommended option, but the costs are more expensive. So, if one joins a group, the prices will be more reasonable. In the mountains, the only disadvantage is if you are in a wall with another partner and if one of the participants gets tired or gets sick. In this case, you have to abort or cancel the summit and return together. For more information, contact us. We can schedule a call via WhatsApp to clarify all your questions.

In a mountain, for example, if 3 people go and one of the participants falls ill on the route, for security reasons they have to cancel or abort the summit or return all together. The same in a technical mountain if the climbing partner gets sick they all have to return, for these reasons sometimes it is better to go private only because for a single person the costs are more expensive for the same reason that the trip would already be private .

For more information please contact us. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

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