



## Family Fun in Peru's Sacred Valley – 7 Days

### Description

BOLIVIA EXPEDITIONS























This weeklong, family-friendly itinerary focuses on the many wonders of Peru's Sacred Valley. Starting in Cusco, acclimate to the altitude in Pisac before spending a day learning about Indigenous customs and making new friends in a local village. Ramp up the adventure with a thrilling family bike ride back down to the valley, then hop on a scenic train to chug your way up to the mighty Machu Picchu. The trip winds down with more incredible Inca sites like Moray and Chinchero before circling back to Cusco.

### Highlights

- Acclimate to the high Andes mountains in picturesque Pisac
- Learn about local village life with a Peruvian family
- Watch the sunrise over magnificent Machu Picchu

- Check out the unusual farming formations in Moray and Salineras

#### Difficulty



#### Condition



## Travel Program

Day 1: Arrive in Cusco, Transfer to Pisac

Welcome to **Cusco**! Upon arrival in this city that was once the capital of the Inca Empire, you'll be picked up and transferred to **Pisac**, around 21 miles (34 km) northeast. Stop along the way at the **Cochahuasi Animal Sanctuary**, a private animal rescue sanctuary where you can get close to flamingoes, lynxes, pumas, tapirs, and condors. If your kids are feeling tired from the journey, this fun animal encounter is sure to perk them up!

After you've arrived in Pisac and checked into your accommodation, there will be time to wander through the charming cobbled streets of the town, perhaps checking out the craft markets. It's also important for you and your kids to get plenty of rest today so you can acclimate to the high **Andes** mountains: the altitude of Cusco is 10,800 feet (3,300 m), while in Pisac it's a slightly more manageable 9,500 feet (2,900 m).

### Overnight

Hotel

### Driving

4x4 Vehicle

## Hiking/Tour

Easy trek

## Meals

B/L/D

Day 2: Explore Pisac: Inca Ruins & Local Market

After a good night's rest, you and the kids will be ready to explore Pisac. First, head to the huge Inca fortress that stands spectacularly on the mountain above the town. Explore the sprawling ruins, which will surely capture the attention of kids who are interested in history and ancient civilizations. Enjoy the views of the high peaks around and the verdant **Sacred Valley** below.

In the afternoon, there's time for shopping at Pisac's handicraft market, which is the largest and most famous in the region. You'll find colorful embroidery, weaving, and other clothing that make great souvenirs to take home. Pisac is also home to a great family attraction: a country club with pools for kids and adults, a playground, a miniature lake with fish, and lots of space to run around. Kids of all ages will love it, and parents can enjoy having a rest while the little ones burn off some energy.

## Overnight

Hotel

## Driving

4x4 Vehicle

## Hiking/Tour

Easy trek

## Meals

B/L/D

Day 3: Transfer to Amaru, Peruvian Village Life Experience

Today you will transfer to the village of **Amaru** to spend time with its local families, whose subsistence

farming lifestyle has barely changed in hundreds of years. You'll be welcomed into their homes to learn about how they live, eat, farm, and raise their children, and it's a great opportunity for kids to meet their Peruvian peers and see how their lives are both similar and different to their own.

In the afternoon, the women of Amaru will show you how they make the traditional textiles they wear, and you'll have the opportunity to participate in the process, from picking plants to making dyes to weaving on a loom. Crafty kids will especially enjoy this creative experience. After a convivial dinner of local dishes, you'll spend the night in Amaru.

## Overnight

Hotel

## Driving

4x4 Vehicle

## Hiking/Tour

Easy trek

## Meals

B/L/D

Day 4: Biking in the Sacred Valley, Train to Aguas Calientes

After breakfast, wave goodbye to our new friends in Amaru and head down the mountain into the Sacred Valley. If you and your kids are into cycling, there's also the option to ride from Amaru down to Pisac. The fun, curvy descent is on an unpaved country road through beautiful mountain scenery, so this activity is best suited to older kids who have some mountain biking experience.

After arriving in Pisac, you'll be driven through the sunny, fertile Sacred Valley to **Ollantaytambo**, a charming Inca town. There, you'll board a scenic train for a 1.5-hour ride through a rainforest gorge to **Aguas Calientes**, the little riverside town that sits at the jungle-clad base of the mountain crowned by the famous ruins of **Machu Picchu**. Kids will love riding the train, which is much more atmospheric than car travel, and your overnight base in Aguas Calientes is the perfect jumping-off point for tomorrow's Machu Picchu adventures.

## Overnight

Hotel

## Driving

4x4 Vehicle

## Hiking/Tour

Easy trek

## Meals

B/L/D

Day 5: Tour Machu Picchu, Train to Ollantaytambo

Wake your kids early this morning because a sunrise at Machu Picchu will be a highlight of your trip to Peru! The spectacular stone city surrounded by incredibly steep, green mountains needs little introduction and is deservedly considered one of the New Seven Wonders of the World. Your guide will show you around the key structures of this massive site, teaching you and your kids about its fascinating history. Then you'll have time to explore the ruins alone or relax and let the kids play on lawned terraces with incredible views.

Later on, return to Ollantaytambo the same way you came yesterday, by train. Depending on the time and how much energy you and the kids have after your early start and morning of exploration, you could check out some of Ollantaytambo's highlights, including the ruined Inca fortress and hillside terraces, the huge **Sun Temple**, and the **Princess Baths Fountain**.

## Overnight

Hotel

## Driving

4x4 Vehicle

## Hiking/Tour

Easy trek

## Meals

B/L/D

Day 6: Inca Wonders in Chinchero, Moray & Salineras

Explore more of the Sacred Valley today to learn more about the region's ancient Inca and contemporary Indigenous culture beyond the big-name highlight of Machu Picchu. Start at **Chinchero**, best known for its outdoor weaving studios and extensive Inca terracing with incredible views. Next, visit **Moray**, a mysterious complex of massive agricultural amphitheaters. They reflect incredible engineering precision and will be a fascinating sight for both adults and kids.

Later, you can take an easy walk through rolling farmland, surrounded by the high Andes, to **Salineras**. If your kids are small or you'd rather not walk, you can take a vehicle on this part of the journey. At Salineras, you'll find a surreal and beautiful patchwork of shallow salt pools all over the hillside. Salt is still produced here using ancient Inca technology. Walk between the salt pools and along the pathways between them before transferring to Cusco to spend your final evening in Peru at your leisure.

## Overnight

Hotel

## Driving

4x4 Vehicle

## Hiking/Tour

Easy trek

## Meals

B/L/D

## Day 7: Depart Cusco

Your time in Peru has come to an end! Depending on the time of your departing flight, you may have time to do some sightseeing in Cusco in the morning, which is highly recommended. You can check out more Inca archaeological remains and grand Spanish colonial-era architecture. Combine the two at the Baroque **Santo Domingo Convent**, which was built on top of the Inca **Qoricancha** (Temple of the Sun). When the time comes, your driver will pick you up for a transfer to the airport and your departing flight. Bon voyage!

## Overnight

Hotel

## Driving

4x4 Vehicle

## Hiking/Tour

Easy trek

## Meals

B/L/D

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### **Hiking/Tour**

Easy trek

### **Meals**

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### **Overnight**

Hotel

### **Driving**

4x4 Vehicle

### **Hiking/Tour**

Easy trek

### **Meals**

B/L/D

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Hotel

## Driving

4x4 Vehicle

## Hiking/Tour

Easy trek

## Meals

B/L/D

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## Overnight

Hotel

## Driving

4x4 Vehicle

## Hiking/Tour

Easy trek

## Meals

B/L/D

Included meals: B=breakfast; L=lunch; D=dinner

## What's Included

### Included

- English- and Spanish-speaking guide
- Entrance tickets as per itinerary
- Accommodation
- Trekking staff (if applicable)
- Camping equipment (if applicable)
- Meals as specified in the itinerary
- Transportation as per itinerary
- Airport transfers (if specified)

### Not included

- International or domestic flights
- Travel insurance
- Tips
- Personal expenses
- Optional tours or additional entrance tickets
- Personal equipment

## What to Bring

### What to Bring or take fo Day Hiking and Technical Equipment for Climbing Expedition

This equipment list is compiled to provide you with adequate help when choosing your equipment for a climb. Most items are required. Please consider each of them and make sure you understand the function and exclusive use for mountaineering, before substituting or removing items from this list. Please note that this list has been carefully annotated by the organizer. Remember that mountaineering, climbing or mountain expeditions tours is an extreme, risky sport, therefore everything related to it is of great attention.

### Equipment Trekking

- ✓ Hiking backpack for hiking 50 to 60 liters
- ✓ Light gloves for hiking or (Optional Mittens waterproof)
- ✓ Medium weight socks
- ✓ Sleeping bag (-15° to 20°C)
- ✓ Small daypack for one day hiking 30 liters
- ✓ Weather-appropriate clothing (think moisture-wicking and layers)
- ✓ Hiking boots or shoes
- ✓ Medium weight parka with fibber fill or down
- ✓ Rain poncho (or rain gear)
- ✓ Long-sleeved shirts

- ✓ Fleece or Wool sweater and/or trousers
- ✓ Lightweight pants
- ✓ Cotton short-sleeved shirts or t-shirts
- ✓ Water bottle for hiking or trekking
- ✓ Strong waterproof duffel bag
- ✓ Flashlight with spare batteries and bulb
- ✓ Towel for personal hygiene each participant First-aid kit
- ✓ Regular and long underwear
- ✓ Knife or multi-tool
- ✓ Light cap and wool hat
- ✓ Sunglasses with UV certification, Sun block, lips
- ✓ The rest of the list Essentials as appropriate for your hike
- ✓ Grooming and personal hygiene kit
- ✓ One Hiking Buff per person

[See More](#)

### Equipment Mountain

- ✓ 3 Locking carabiners, we recommended per person
- ✓ We recommend 2 ice screws for each client
- ✓ 1 Daisy Chain (Life Line) per each person
- ✓ 2 Ice axes (per person) technical, we recommended GRIVEL company
- ✓ 1 ATC descender (Rappel), this is very necessary for technical mountains
- ✓ 2 Cords for prusik, very important (Size Cord 6 mm x 10 m. long)
- ✓ Gloves (Good gloves) for expeditions over 6000 meters

- ✓ Harness for climbing
- ✓ Sleeping pad / Mattress, we recommend with air or inflatable mattress
- ✓ Crampons, we recommended GRIVEL company
- ✓ Walking sticks – Trekking Poles (optional), a pair per person, we recommended GRIVEL company
- ✓ Down Jacket for expedition
- ✓ Very important to have personal clothing such as pants and jacket with GOROTEX certification
- ✓ First aid kit, for high mountains, because we as guides cannot medicate clients
- ✓ Backpack Capacity 60 liters, it is better to have a bigger backpack to go comfortably to the high camps, because here you have to carry all your personal things
- ✓ Gaiters or Leggings, now modern boots already have built-in (Incorporated), but better to have an extra pair

[See More](#)

Dressing appropriately for the mountains can make the difference between a pleasant trip and a really uncomfortable one. Clothing must provide the right degree of temperature, perspiration and be well ventilated. Preferably cotton clothing should be avoided, as in humid conditions they absorb body heat.

In general, the weather conditions in the Andes of South America can vary from day to day and even throughout the day. Therefore, clothing must be versatile.

Please do not hesitate to contact us with any questions you may have regarding the necessary equipment.

**? If you need to rent mountain equipment click here:**

## Prices & Dates

**FROM/TO**

**PRICE (USD)**

**TRAVEL STATUS**

01 APR 2026 / 19 APR 2026

\$ —

[Join Now](#)

- Single Supplement (I want my own room and tent) – \$000 on request.

**Please note:** Insurance for emergency evacuation is required for this trip. [Call for more details.](#)

- » Additional dates available upon request
- » Rates may vary from July 26th to 31th for the national holidays

**Prices (per person):**

<b>1 PAX</b>	<b>2 PAX</b>	<b>4 PAX</b>	<b>6 PAX</b>	<b>8 PAX</b>	<b>10 PAX</b>	<b>12 PAX</b>	<b>14 PAX</b>
— USD	— USD	— USD	— USD	— USD	— USD	— USD	— USD

**Deposit for reservations**

— USD (– EUR) ? Full payment 40 days before. No refund if you cancel less than 30 days!

- \*Available

**Trip-code:** Number ?BOL-000

**Duration:** 1 day

**Participants:** Minimal: 2 Maximal: 15

**Members:** We don't have an open group to join – We can open a new group – [Contact us!](#)

**Country / Location:** Bolivia

**Mountain Guide:** Eric Raul Albino Lliuya

**Other dates / additional info:** [Contact us!](#)

*3% early bird discount when booking 6 months prior to departure 2024*

**Legend Booking-information:**

**EZZ** Single room supplement

? On this trip, places are still available.

? On this trip, only a few places left.

? This trip is sold out / closed.



## Eric Raul Albino Lliuya

Expert guide certified by AGOMP  
General Sales Manager of Peru Expeditions

- **WhatsApp:** [+51 943 081 066](tel:+51943081066)
- **E-Mail:** [office@peru-expeditions.org](mailto:office@peru-expeditions.org)



### Hans Honold | Certified Mountain and Ski Guide

For a trip with a Professional Certified Mountain Guide from abroad with your own language that you speak, please request us to get in touch. We have guides working for our company from all over the world who are members of IVBV/UIAGM/IFMGA Certified Guides.

- **Tel:** [+49\(0\)7344 929144-0](tel:+49073449291440)

[More information](#)

BOLIVIA EXPEDITIONS

SAFE

CLUB

It is very important to have accident coverage for trekking and climbing mountains, more if you go a technical mountains over 6 thousand meters, we oblige and recommend buying travel insurance with our partner Global Rescue, you get the peace of mind that the finest medical, security evacuation, field rescue, intelligence and telehealth.

- **Tel:** [+1 \(617\) 459-4200](tel:+16174594200)

[More information](#)

Only \$1000 deposit to book

Pay over time, interest free

No booking fee, no change fee

24/7 support

## Accommodations

Scroll through our exclusive accommodations for this trip below. Although very unlikely, we will be able to make substitutions when necessary. The comfortable accommodations that guests stay in every night offer comfort, the level that these options are are 3 stars and some hostels in some towns of first class quality to make your stay very pleasant.

***\*These exact accommodations are not guaranteed. In some cases, alternative accommodation of similar quality and location can be used.***

[See All](#)

- [????](#)

## Parador Santa Maria La Real

- [Sucre](#)

- [?????](#)

## Hotel Samary Pueblo

- [Sucre](#)

- [???](#)

## Hotel Santa Teresa

- [Potosi](#)

- [??](#)

## Hotel Museo Cayara

- [Potosi](#)

## Albergue Ecológico Tomarapi

- [Sajama](#)

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## Hoteles Taykas

- [Uyuni](#)

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- [????](#)

## Eco Hotel Flamencos Altiplano

- [Potosi](#)

- [????](#)

## Hotel Luna Salada

- [Colchani](#)

- [???](#)

## Hotel Cristal Samaña

- [Colchani](#)

- [????](#)

## Hotel Palacio de Sal

- [Colchani](#)

## Maps & Downloads

### DOWNLOADS

- [Weather Forecast](#)
- [Location on Google Maps](#)
- 

### Videos

<https://www.youtube.com/watch?v=ZbjfXGxnRU&pp=ygUMTWFjaHUgUGljY2h1https://www.youtube.com/HBc0A&t=4s&pp=ygUNTGFrZSBUaXRpY2FjYQ%3D%3D>

## Frequently Asked Questions

What our travelers or clients always ask questions before joining our trips, tours & expeditions, read all the information provided here.

### Suggested FAQs

#### [What experience and how fit do I need to be to climb this mountain? Is this program suitable for children or older people?](#)

**For our mountain climbing trips:** If they are easily accessible mountains: For easy-climb mountains, well, you don't need much experience, but if you already want to climb mountains above 6,000 meters and the conditions become more difficult, we recommend if you already want to go through mountains above 6,000 meters, have a basic or intermediate course for a good preparation. It is very important to be physically, technically and psychologically prepared.

**Regarding the preparation of children:** Everything will depend on which mountain you want to climb with your children, once you are clear on which of our tours or mountains you want to go with your children, we can give you some advice or see how to prepare them before going with them.

**Regarding older people:** It all depends on the condition of experience and how well the person is in health, on many occasions older people are the best to walk in the mountains because they have more experience, so it is always good to ask and find out about their experience of older participant. If you have any other questions, please contact us. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

#### [Will I need to bring any technical equipment of my own? Is it possible to rent equipment, and if so, what would be the approximate cost of that?](#)

In all our trekking or mountaineering trips we do not include personal equipment in our prices, so you have to have your own equipment: Personal equipment (such as boots, ice ax, crampons, harness, sleeping bag, mat, Goretex, etc. ) and also within each page of the trips that we sell is a small list so you can see it on our website.

Our company can also rent the materials that you would need for your trip, see the list here on our website: <https://peru-expeditions.org/equipment-rental/> . **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

#### [Are there any other special requirements such as permits/insurance/vaccines that I need to consider before the tour?](#)

**Safe and effective vaccines are available that provide strong protection against serious illness, hospitalization and death from COVID-19.** Billions of people have been vaccinated against COVID-19. Getting vaccinated is one of the most important things you can do to protect yourself against COVID-19, help end the pandemic and stop new variants emerging.

We also recommend having accident insurance, we always recommend. We are **Partners –Global Rescue**. If you have any other questions about the trip we can schedule a date for a calling via WhatsApp. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

### **What experience do I need to have? How fit do I need to be? Is this program suitable for children or older people?**

To do long-distance hiking you need to at least train or do some tours such as visiting lagoons to get the experience and feel comfortable with what you do, it is always good before doing a long-distance hiking tour to test yourself so as not to be with the problems of altitude sickness during the trekking, and if you travel with children it is good to first train them before taking them, if they are accompanied by an adult of legal age, they must do a good acclimatization before going on the long-distance tour or with high altitude camps If you want to know or learn more advice, we can schedule a call via WhatsApp to clarify your doubts. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

### **How far in advance should I start training and what kind of training do you suggest?**

The preparation is according to what type and what technical level you want to go and climb a trek or mountain, the preparation will always gain experience little by little.

For this type of demanding or technical climbing sports, it is recommended to do some summits above 5 thousand meters beforehand and have good knowledge of high mountain technical equipment such as the use of technical ice axes, ice screws, correct use of crampons, and of course all the technical material. For more information, we can schedule an appointment to be able to explain in more detail everything about the mountain equipment and the preparations prior to joining our outings. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

### **What is the average distance and altitude gain that we will hike each day?**

Every day we have active walks around approximately 4, to 5 sometimes 6 hours of walking, everything is according to your pace and physical condition of each person, in each of our travel programs you will find more detailed information, and if If you need more information about each day of the travel program, we can schedule a call via WhatsApp to clarify your doubts or questions, for this please contact us. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

### [Will there be porters to help to carry group and personal equipment?](#)

**In our trips, either hiking or mountaineering:** Depending on the type or destination of the trip that you are going to book, in some parts of the treks you go with mules or donkeys or sometimes with horses, and within the mountain trips, the approach camps are also They go with mules or donkeys, but there are some stretches where pack animals can no longer reach. In this part, our logistics is fully supported by the porters.

**Who are the porters?** They are people from the area who were born and live in the heights of the towns, they are very strong and are very acclimatized, the reason is that after the tourist season ends they dedicate themselves to agriculture and livestock for that reason they are people They are used to the altitude and have lived in nature all their lives and they are happy to be in the mountains together with our expeditions. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

### [How will accommodation and meals be handled during the trek?](#)

**About accommodation or meals during the tour:** Well, depending on the type of tour, when the tour is a classic cultural tour or a city tour, we eat during the route in tourist restaurants and sleep in category hotels that the client has requested.

**If the tour is with camps and trekking:** During the activity, logistics we include the service of Breakfast, Lunch, and Dinner with traditional and typical meals of the region where you are going to travel with us, during the night we stay in tents, and we have a special tent for the kitchen and another for the dining room.

**If the trip is at altitude or in the mountains:** We bring special high mountain food, It are quicker meals to cook and we provide complete logistics such as Breakfast, Lunch and Dinner, and we sleep in special 4-season high mountain tents, with the best tents. If you have any questions or concerns, we can schedule an appointment via Whatsapp to clarify all your doubts and give you better information so that your trip is an unforgettable tour.

### [What is the guide-to-client ratio to climb this mountain?](#)

**In mountains above 5000 meters:** A local guide takes a maximum of 3 clients = Ratio 3pax = 1 local guide

**In technical mountains:** In large-big mountains we manage the travel policy, a guide and a maximum of 2 clients = Ratio 3pax = 1 local guide. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

### [What is the best time of the year to climb this mountain?](#)

For all the trips that we offer within our main tourist destinations such as South America and Central America, also including the ascent of the 7 continents and the 7 highest peaks of each continent, on each page of our website for each trip we indicate that month or what season to travel, then please read the information you find in our travel offers for each tour. If you have any other questions you can contact us by WhatsApp with one of our travel experts. Thank you so much. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

### [Do I have what it takes to succeed on this expedition?](#)

In the interest of the team's enjoyment and success, we work with every single guest to ensure they are properly prepared and ready for this expedition. We pride ourselves on vetting every member to make sure that the team can bond and succeed together. It really sucks to be grouped with members that are much faster, or much slower, than you are. No one wants to be the weakest link on a trip like this. By setting expectations and a solid training plan, we work to insure maximum cohesive success. Use this trip as an exercise motivator, and we will succeed together with style.

### [How can I get to the trailhead/meeting point?](#)

For the pick-ups of each trip, depending on the place or the trip that you are going to make with us, the meeting point is always at our office, in one of our trips we pick you up where you are staying or staying, or in some cases a representative of our company will pick you up and then ship you to your transport to continue with your destination of the tour or trip you have booked with us. If you wish to request more information, do not hesitate to contact us. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

### [What is the best time of the year for this hike?](#)

For all the trips that we offer within our main tourist destinations such as South America and Central America, also including the ascent of the 7 continents and the 7 highest peaks of each continent, on each page of our website for each trip we indicate that month or what season to travel, then please read the information you find in our travel offers for each tour. If you have any other questions you can contact us by WhatsApp with one of our travel experts. Thank you so much. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

### [What happens in the event of bad weather?](#)

About the meteorological conditions of the climate, we try to organize the trips of each tour in the best season to have the best views and enjoy the selected trip but sometimes even in good season we can have bad weather, in this case on hiking or treks trips the complications are minimal, but when this

happens during high-altitude climbing expeditions, the complications can become very difficult, that is why the bosses or leaders of the local guides must always make the most correct decision for the safety of our passengers, so we always recommend listening to the best advice from the local guide assigned for each tour. If you have any other questions please contact us. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

### [Can I join a group?](#)

We as a local company and connoisseurs of tours have departures on different dates. The best thing to do is to join a travel group to take care of your budget, and of course you can join our groups, but on trips like mountaineering we recommend going in small groups. To join a group, ask us for the dates and we will send you the necessary information to be able to join any of our trips.

**Why go in a private trip:** For trips whether trekking or high mountains, going privately is the most recommended option, but the costs are more expensive. So, if one joins a group, the prices will be more reasonable. In the mountains, the only disadvantage is if you are in a wall with another partner and if one of the participants gets tired or gets sick. In this case, you have to abort or cancel the summit and return together. For more information, contact us. We can schedule a call via WhatsApp to clarify all your questions.

In a mountain, for example, if 3 people go and one of the participants falls ill on the route, for security reasons they have to cancel or abort the summit or return all together. The same in a technical mountain if the climbing partner gets sick they all have to return, for these reasons sometimes it is better to go private only because for a single person the costs are more expensive for the same reason that the trip would already be private .

For more information please contact us. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

#### **Date Created**

2026/02/23

#### **Author**

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